The more, the merrier? Numerical strength versus subgroup distinctiveness in minority groups

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Evidence attests to the efforts made by minority groups to defend and promote ‘distinctive’ attributes that potentially define the ingroup. However, these attributes are often only available to a prototypical minority within the minority category. In two studies we tested the hypothesis that, under certain conditions, large projected increases in the numerical strength of a ‘distinctive’ attribute (emotional intelligence in Study 1; ingroup language in Study 2) within a minority category can paradoxically evoke less-than-positive reactions from those who already have the attribute. Findings confirmed that while a large projected increase in the numerical strength of a ‘distinctive’ attribute was viewed positively when the comparative context focused on the inter-category relation with a majority outgroup, this increase was viewed less positively, and as undermining their own identity, in a narrower intra-category context. Implications for identity management strategies in minority groups are discussed.
within the ingroup category, even when that category is consensually attributed to react negatively to the pervasive spread of that attribute. We propose that the distinctiveness motive may be a prediction we make here has not to our knowledge been made before. We establish a context in which female participants are assigned to a high emotional intelligence subgroup of women, and are led to believe that emotional intelligence is a characteristic that differentiates women as a whole from men (see Hacker, 1951, for a more in-depth consideration of women as a minority group). In Study 2, we examine a natural context by sampling from a prototypical subgroup (speakers of the Welsh language) within a minority category (the Welsh) in the UK. In both cases, we manipulate the prospective numerical strength of the ‘distinctive’ but rare attribute (high emotional intelligence in Study 1; Welsh language ability in Study 2) within the minority group, and gage the affective reactions of members of the minority group who have this attribute. We present participants with one of three scenarios in which future prospects for the ‘distinctive’ attribute are described. These indicate that there will be little change in the prevalence of the ‘distinctive’ attribute in the future (it will be held by 25% of the ingroup category population), a moderate increase (50%), or a large increase (75%). In the little change condition, those who have the ‘distinctive’ attribute clearly remain in the negative position of being a minority within the ingroup, with low numerical strength. In the large increase condition, they face the prospect of greatly increased numerical strength, but also of becoming a clear majority within the ingroup, bringing the potential for their own subgroup distinctiveness to be undermined. In the moderate increase condition, they also stand to increase their numerical strength but crucially – in contrast to the large increase condition – without the prospect of becoming a (non-distinct) majority within the ingroup.

The role of comparative context

How should the concerns discussed above be reflected in affective reactions to these different prospects? In line with principles from self-categorization theory (Turner, Hogg, Oakes, Reicher, & Wetherell, 1987), one factor that is likely to shape affective reactions is the comparative context in which group members consider these prospects (David & Turner, 1999; Haslam & Turner, 1992; Haslam, Turner, Oakes, McGarty, & Hayes, 1992). Specifically, does this inter-group context pit the inclusive ingroup category against a common outgroup, or does it focus on the ingroup category alone, such that divisions between those who do and do not have the ‘distinctive’ attribute become more apparent? It is important to note that, in line with self-categorization theory (Turner et al., 1987), both of the salient contexts discussed here constitute intergroup contexts, albeit at different levels of inclusion. However, to distinguish the two contexts, we refer to them as the inter-category (or inter-group) context, and the intra-category (or intra-group) context, respectively.

Where the wider relationship between the ingroup and outgroup categories is salient (i.e., in an inter-category context), we predict that affective reactions are likely to become more positive as a function of the projected increase in the prevalence of the attribute. This is because in this context group members will focus on the needs of the ingroup as a whole in relation to the dominant outgroup, as opposed to their own subgroup’s position within the ingroup category. In contrast, where the relationship between those who do and those who do not have the attribute is made salient (i.e., in an intra-category context), participants should focus on their own (subgroup) position within the ingroup category. In this context, a large increase is likely to threaten the distinctiveness and exclusivity of their position within the ingroup as a whole. Consequently we expect that for a large increase, participants focused on the intra-category context will be considerably less positive towards this change than those for whom the inter-category context of ingroup versus outgroup is salient. In contrast, a moderate increase in the prevalence of the
attribute will be regarded just as positively as in the inter-category context because, as discussed above, this condition offers the prospect of increased numerical strength while retaining an optimally-distinct position (neither a numerical minority nor a non-distinct majority) within the ingroup category.

**Study 1**

**Participants**

Participants were 198 British women with a mean age of 24.61 years (SD = 16.28). They were randomly allocated by the survey software to one of the six conditions, resulting in cell sizes of between 25 and 40.

**Design**

The study had a 3 (subgroup numerical strength: no increase, moderate increase, and large increase) × 2 (context: intra-category vs. inter-category) between-subjects design.

**Materials and procedure**

The study was presented as an investigation into emotional intelligence among women, and consisted of a web-based questionnaire. Participants indicated their informed consent by clicking on an ‘agree’ button on a survey landing page. On doing so, participants were directed to the first page of the questionnaire.

**Emotional intelligence questionnaire**

The first page of the questionnaire contained a bogus emotional intelligence questionnaire. This consisted of 15 items on which participants indicated their agreement or disagreement with statements such as “When I see someone I know, I can usually tell how they are feeling,” and “When someone I care about is sad, I feel sad too.”

10 word-association items on which participants were presented with a target word (e.g., house) and had to select one of four other words (e.g., street; flat; room; home) that they most strongly associated with the target word.

After completing the questionnaire and clicking on the ‘next page’ button, participants were presented with a page that purportedly contained the results of the emotional intelligence test. In reality, all participants received feedback that they were high in emotional intelligence.

In order to position participants as part of a prototypical minority subgroup, the feedback also emphasized that emotional intelligence was a defining characteristic for women, but that women who were high in emotional intelligence were actually a minority of around 25% of women as a whole.

**Context manipulation**

The next page of the questionnaire contained the manipulation of comparative context. In the inter-category context condition, the page was headed by images of three female figures and three male figures. Explanatory text stated that “We are interested in what you, as a high EI woman, consider to be the distinguishing characteristics of women and men.” Participants were instructed to provide up to three distinguishing characteristics of women in a box headed ‘women,’ and three distinguishing characteristics of men in a box headed ‘men.’ In the intra-category context condition, the page was headed by an image of three female figures only. Accompanying text explained that “We are interested in what you, as a high EI woman, consider to be the distinguishing characteristics of high EI women and low EI women.”

Participants were instructed to provide up to three distinguishing characteristics of high EI women in a box headed ‘high EI women,’ and three distinguishing characteristics of low EI women in a box headed ‘low EI women.’ In order to sustain the effect of the manipulation, each subsequent page of the questionnaire was headed by the images of the condition-appropriate female or female and male figures.

**Future prospects for numerical strength manipulation**

The manipulation of future prospects for subgroup numerical strength consisted of an article and graphs that described likely future trends for emotional intelligence among women. The conclusion of these trends was that women high in emotional intelligence would account for 25% (no increase condition), 50% (moderate increase condition), or 75% (large increase condition) of women as a whole by the year 2031. In each condition, the article began with the following description of the current level of emotional intelligence among women:

As indicated before, emotional intelligence is for many people at the heart of what it means to be a Woman, although current estimates suggest that high EI women make up only a small minority of around 25% of women as a whole.

The value and importance of emotional intelligence has been receiving renewed attention recently. This is because of the great increase in Women’s participation in activities and access to resources (e.g., self-improvement books and courses, internet networking resources, lifestyle training) that have the potential to improve emotional intelligence. A key question is therefore whether emotional intelligence could become more widespread among Women as a whole.

The article then described the future prospects for numbers of high EI women, followed by an illustrative graph. In the no increase condition, the article read:

The graph below shows that the projected number of EI women over the next 20 years is likely to show hardly any increase from what it is today, with no more than 25% of women falling into the high EI category. Despite the increased esteem and importance of emotional intelligence, it is most unlikely that the next few decades will see an increase in EI amongst Women.

In the moderate increase condition, the article read:

The graph below shows that the projected number of EI women over the next 20 years is likely to show a marked increase from what it is today, with up to 50% of women falling into the high EI category. With the increased esteem and importance of emotional intelligence, the next few decades could see an increase in EI amongst Women.

In the large increase condition, the article read:

The graph below shows that the projected number of EI women over the next 20 years is likely to show a dramatic increase from what it is today, with anything up to 75% of women falling into the high EI category. With the increased esteem and importance of emotional intelligence, the next few decades could see an increase in EI amongst Women.

The future prospects manipulation was checked using two items. The first item asked whether, according to the article, the number of women high in emotional intelligence was likely to increase, decrease, or stay the same. Participants responded on a 7-point scale ranging from −3 (decrease strongly) through 0 (stay the same) to 3 (increase strongly). The second item asked what the proportion of women high in emotional intelligence would be in the year 2031 according to the trends described in the article. Participants responded to this item by clicking one of three options: same as now; up to 50%; up to 75%.

Eight items measured emotional reactions to the future prospects for subgroup numerical strength (α = .963). Participants were asked
to indicate on a 7-point scale ranging from −3 (completely disagree) to +3 (completely agree) whether these future prospects made them feel delighted; pleased; relieved; happy; content; proud; elated; and positive.

After completing the questionnaire, participants were directed to a debriefing page in which they were fully debriefed and thanked for their participation.

Results

Manipulation check

A 3 (future prospects for numerical strength: no change; moderate increase; and large increase) × 2 (comparative context: inter-category vs. intra-category) ANOVA on the future prospects for numerical strength manipulation check revealed only a main effect of the future prospects for numerical strength manipulation, $F(2, 192) = 29.96$, $p < .001$, $\eta_p^2 = .240$ (other $F$s $< 1.33$). Pairwise comparisons confirmed that, compared to the no increase condition ($M = 0.44, SD = 0.98$), future prospects for emotional intelligence were seen as greater in the moderate increase condition ($M = 1.96, SD = 1.24$), $p < .001$, and in the large increase condition ($M = 1.99, SD = 1.39$), $p < .001$. The difference between the moderate increase and large increase conditions was not significant, $F = 1$.

The second future prospects manipulation check also confirmed that 85.5%, 91.4%, and 90.4% of participants selected the correct option in the no, moderate, and large increase conditions, respectively. Together, results on these checks suggest that the manipulation was successful.

Positive affect

A similar ANOVA on the affect scale revealed a significant main effect of future prospects for numerical strength, $F(2, 191) = 14.40$, $p < .001$, $\eta_p^2 = .131$ ($F$ for comparative context main effect). This was qualified by the expected interaction between the two factors, $F(2, 191) = 3.81$, $p = .024$, $\eta_p^2 = .038$. This interaction is illustrated in Fig. 1. Simple effect analyses confirmed that the prospect of a moderate increase resulted in more positive affect than the prospect of no increase in both the inter-category and inter-category conditions, $F(1, 191) = 6.20$, $p = .014$, $\eta_p^2 = .031$, and $F(1, 191) = 22.92$, $p < .001$, $\eta_p^2 = .107$, respectively. Consistent with our main hypothesis, the simple main effect of context was significant only in the large increase condition, $F(1, 191) = 6.32$, $p = .013$, $\eta_p^2 = .032$ ($p = .144$ in the no increase, and .601 in the moderate increase conditions). Specifically, positive affect was lower in the inter-category condition than in the inter-category condition.

Discussion

The results of this study provide good support for our hypotheses. They confirm that prospects of a moderate increase in the numerical strength of a ‘distinctive’ but rare ingroup attribute evoked significantly greater positive affect than the prospect of no increase, regardless of whether the context was intra-category or inter-category. However when a large increase was projected a quite different pattern emerged as a function of context. Specifically, the prospect of a large increase was greeted with less positive affect in the intra-category context than in the inter-category context. This supports our contention that while activists within minority groups may frequently base campaigns around strengthening the ‘distinctive’ characteristics that differentiate the ingroup from a comparison outgroup, increases in the numerical strength of such attributes may not always been seen as unequivocally positive — not least of all from the perspective of those who already have those attributes.

Our aim in Study 2 is to build upon these findings by implementing three specific refinements to the design of Study 1. First, affective reactions in Study 1 were measured solely in terms of positive emotions. This leaves open the possibility that affective reaction scores reflected affective arousal, rather than a specific and meaningful positive reaction. To address this possibility, we included negative as well as positive affect items in Study 2. Second, our hypothesis suggests that the equivocal reaction to the prospect of a large increase in the intra-category condition is in part driven by perceptions that this increase may undermine the identity or special position of the ‘prototypical’ subgroup that already has the ‘distinctive’ attribute. In Study 2, we therefore measured the appraisal that the identity of the prototypical subgroup would be undermined in the case where the numerical strength of the ‘distinctive’ attribute was projected to grow sharply, and examined the mediating role of this appraisal. Third, our hypothesis would benefit from being tested in a natural context in order to supplement the relatively contrived context examined in Study 1. To this end, in Study 2 we tested our hypothesis by sampling Welsh language speakers in Wales, UK. This is a context in which struggles over the strength of a numerically weak but prototypical characteristic are very real and passionate, and are linked to political campaigns and even to support for radical and illegal forms of social action (Livingstone, Spears, Manstead, & Bruder, 2009).

Study 2

The role of the Welsh language has historically been a controversial issue (Davis, 1994). Although only approximately 25% of the population of Wales can speak it, the Welsh language is widely accepted as a defining dimension of Welsh identity by Welsh-speaking and non-Welsh speaking Welsh people alike (Welsh Language Board, 2003). Welsh speakers in Wales provide a critical test-case, because of the identity-defining nature of the Welsh language for Welsh identity (accepted by non-speakers as well as speakers; see Coupland, Bishop, Williams, Evans, & Garrett, 2005; Bourhis, Giles, & Tajfel, 1973; Giles, Taylor, & Bourhis, 1977; Livingstone, Spears, & Manstead, 2009), and the efforts being made to defend and expand the language after centuries of discrimination by the English. Building on the design of Study 1, we presented Welsh-speaking participants with one of three scenarios in which future prospects for Welsh were described. These indicated that

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Footnote 1: Removal of participants who failed this check did not change the outcome of any subsequent analyses. They were therefore retained in order to preserve randomness of allocation to condition.
there would be little change in the use of Welsh in the future (it would be spoken by 25% of the population), a moderate increase (50%), or a large increase (75%). We also manipulated the comparative context (intra-national vs. inter-national).

In terms of affective reactions, we expected to replicate the pattern observed in Study 1. In addition, we expected the equivocal response to a large increase in the intra-national context to be evident in specific appraisals of how such a change would undermine the position of Welsh speakers in Wales.

Method

Participants

Participants were 163 adults who defined themselves as Welsh speakers. They were randomly allocated by the survey software to one of the six conditions, resulting in cell sizes of between 10 and 33. Gender and age information were not recorded.

Design

The study had 3 (future prospects for ingroup language use: no increase, moderate increase, and large increase) × 2 (context: intra-national vs. inter-national) between-subjects design.

Materials and procedure

The study consisted of a web-based questionnaire. Participants indicated their informed consent by clicking on an ‘agree’ button on a survey landing page. On doing so, participants were directed to the first page of the questionnaire.

Context manipulation

The first page of the questionnaire contained the manipulation of context. In the international context condition, the page was headed by images of Welsh, English, and UK flags alongside each other. Explanatory text stated that “We are interested in what you, as a Welsh person, consider to be the distinguishing characteristics of Welsh people and English people.” Participants were instructed to provide up to three distinguishing characteristics of Welsh people in a box headed ‘Welsh people,’ and three distinguishing characteristics of English people in a box headed ‘English people.’ In the intra-national context condition, the page was headed by an image of the Welsh flag only. Explanatory text stated that “We are interested in what you, as a Welsh speaker, consider to be the distinguishing characteristics of Welsh people who speak Welsh and Welsh people who do not speak Welsh.” Participants were instructed to provide up to three distinguishing characteristics of Welsh-speaking people in a box headed ‘Welsh-speaking Welsh people,’ and three distinguishing characteristics of non-Welsh-speaking Welsh people in a box headed ‘non-Welsh-speaking Welsh people.’ In order to sustain the effect of the manipulation, each subsequent page of the questionnaire was headed by the images of the condition-appropriate national flags.

Future prospects for ingroup language use manipulation

The manipulation of future prospects for ingroup language use consisted of an article and graphs that described likely future trends for ingroup language use. The conclusion of these was that efforts to spread the use of the ingroup language would result in 25% (no increase condition), 50% (moderate increase condition) or 75% (large increase condition) of the ingroup population being able to speak the ingroup language. In each condition, the article began with the following description of the current level of ingroup language use:

The Welsh language is at the heart of Welsh national identity for many people, and has been so for a very long time. This is despite the grave threats it has faced down the centuries. At various points, the language stood on the brink of extinction. However, since the 1950’s the language began to regain some of its lost status. This has been reflected in – and helped by – legislation such as the Welsh Language Acts of 1967 and 1993 that has removed the official stigma formerly placed upon the language.

One major indicator of the vitality of the Welsh language is of course the number of Welsh speakers in Wales. After a long period of decline, the number of people in Wales who could speak Welsh has recently been low but steady, at around 20% of the population. A key question has therefore been whether Welsh use could become more widespread across Wales as a whole.

The article then described the future prospects for ingroup language use, followed by an illustrative graph. In the no increase condition, the article read:

The graph below shows that the projected number of Welsh speakers in Wales over the next 40 years is likely to show hardly any increase from what it is today, with no more than 25% of the Welsh population being able to speak Welsh. Despite the increased esteem and prestige of the language, it is most unlikely that the 21st century will see an increase in Welsh speaking as dramatic as its decline in the 20th century.

In the moderate increase condition, the article read:

The graph below shows that the projected number of Welsh speakers in Wales over the next 40 years is likely to show an increase from what it is today, with anything up to 50% of the Welsh population being able to speak Welsh. With the increased esteem and prestige of the language, the 21st century should see an increase in Welsh speaking, although not as dramatic as its decline in the 20th century.

In the large increase condition, the article read:

The graph below shows that the projected number of Welsh speakers in Wales over the next 40 years is likely to show a dramatic increase from what it is today, with anything up to 75% of the Welsh population being able to speak Welsh. With the increased esteem and prestige of the language, the 21st century could see an increase in Welsh speaking that is just as dramatic as its decline in the 20th century.

The future prospects manipulation was checked using two items. The first item asked whether, according to the article, the number of Welsh speakers in Wales was likely to increase, decrease, or stay the same. Participants responded on a 7-point scale ranging from −3 (decrease strongly) to 0 (stay the same) to 3 (increase strongly). The second item asked what the number of Welsh speakers in Wales would be in 2041 according to the trends described in the article. Participants responded to this item by clicking one of three options: same as now; up to 50%; and up to 75%.

Fourteen items measured emotional reactions to the future language use information (α = .973). These included eight positive emotion items (delighted; pleased; relieved; happy; content; proud;
eled; and positive) and six negative emotion items (uneasy; angry, irritated; annoyed; bitter; and negative). Responses were made on a 7-point scale ranging from −3 (completely disagree) to +3 (completely agree), and responses on the negative emotion items were reverse-scored before the scale mean was calculated.3

Next came a 4-item scale measuring the extent to which the future language use information was perceived as undermining the position of Welsh speakers in Wales (α = .671). The scale contained the items, ‘Any special importance of Welsh speakers in Wales would be undermined;’ ‘Part of my identity would be undermined;’ ‘My identity would be enhanced’ (reverse-scored); and ‘Any special importance of Welsh speakers in Wales would be enhanced’ (reverse-scored). Participants responded on a 7-point scale ranging from −3 (completely disagree) to +3 (completely agree).

After completing the questionnaire, participants were directed to a debriefing page in which they were fully debriefed and thanked for their participation.

Results

Manipulation checks

To check the effectiveness of the future prospects for ingroup language use manipulation, we submitted the first manipulation check item to a 3 (future prospects for ingroup language use: no increase, moderate increase, and large increase) × 2 (context: intra-national vs. inter-national) factorial ANOVA. This revealed only the expected main effect of future prospects for ingroup language use, F(2, 157) = 23.71, p < .001, η2 = .232. Pairwise comparisons confirmed that, compared to the no increase condition (M = 0.51, SD = 1.14), prospects for increased ingroup language use were seen as greater in the moderate increase condition (M = 1.78, SD = 1.26), F(1, 157) = 29.82, p < .001, η2 = .160, and in the large increase condition (M = 2.12, SD = 1.40), F(1, 157) = 37.28, p < .001, η2 = .192. The difference between the moderate increase and large increase conditions was also marginally significant, F(1, 157) = 2.89, p = .091, η2 = .018.

The second ingroup language prospects manipulation check also confirmed that 75%, 90%, and 78% of participants selected the correct option in the no, moderate, and large increase conditions, respectively. Together, results on these checks suggest that the manipulation was successful.

Affective reaction

A similar ANOVA on the affective reaction scale revealed significant main effects of future prospects for ingroup language use, F(2, 157) = 138.37, p < .001, η2 = .638, and of context, F(1, 157) = 16.13, p < .001, η2 = .093. These were qualified by the predicted interaction between the two factors, F(2, 157) = 9.65, p < .001, η2 = .109. This interaction is illustrated in Fig. 2. Simple effect analyses confirmed that the prospect of a moderate increase resulted in more positive affect than the prospect of no increase in both the intra-national and inter-national conditions,

\[ F(1, 157) = 124.08, p < .001, \eta^2_p = .441, \text{ and } F(1, 157) = 142.33, p < .001, \eta^2_p = .475, \text{ respectively.} \]

Consistent with our main hypothesis, the simple main effect of context was significant only in the large increase condition, F(1, 157) = 26.70, p < .001, η2 = .145 (Fs < 1 in the no increase and moderate increase conditions). Specifically, positive affect was lower in the intra-national condition than in the inter-national condition.

Welsh speakers’ position undermined

A similar ANOVA on the appraisal of whether the position of Welsh speakers would be undermined revealed a significant main effect of future prospects for ingroup language use, F(2, 157) = 11.59, p < .001, η2 = .129, qualified by an interaction between future prospects for ingroup language use and context, F(2, 157) = 3.96, p = .021, η2 = .021. This interaction is illustrated in the lower panel of Fig. 2. Simple effects analysis confirmed that the main effect of context was significant in the large increase condition, F(1, 157) = 8.74, p = .004, η2 = .053 (Fs < 1 in the no increase condition and moderate increase condition). Specifically, the position of Welsh speakers was felt to be
unundermined to a greater extent in the intra-national condition than in the inter-national condition.

Relation between appraisals and affect

In order to test whether the appraisal of subgroup identity being undermined mediated the effect of comparative context on affective reaction, we set up a multi-group path model using AMOS 7 in which the direct and indirect (through the ‘identity undermined’ appraisal) effects of context on affective reaction were tested. The paths from comparative context to appraisal and affective reaction were free to vary in strength across future prospects for numerical strength conditions, reflecting the interactions described above. The path from appraisal to affective reaction did not differ in strength across future prospects for numerical strength conditions ($\Delta \chi^2 = 2.98, p = .225$), and so was constrained across these conditions.

The results of this path analysis are illustrated in Fig. 3. Consistent with partial mediation, the path from comparative context to affective reaction in the large increase condition was reduced from $\beta = .474, p < .001$ to $\beta = .426, p = .003$ when the appraisal was entered into the model. Using 5000 bootstrap samples, the indirect effect of comparative context on affective reaction through appraisal was also found to be significant in the large increase condition, $b = .213 \text{ SE} = .113; p = .029$ (95% CI: .022, .456).

Discussion

Results of Study 2 replicate and extend those of Study 1. They confirm that prospects of a moderate increase produced significantly greater positive affect than the prospect of no increase in both intra-national and inter-national contexts. However when a large increase was projected a quite different pattern emerged as a function of context. Specifically, the prospect of a large increase was greeted with a less positive affective reaction in the inter-national than in the intra-national context.

Correspondingly, the prospect of a large increase in Welsh language use increased the extent to which Welsh speakers’ position would be undermined in the intra-national condition compared to the inter-national condition. Moreover, this specific appraisal in turn partially mediated the effect of comparative context on affective reactions in the large increase condition, indicating that affective responses to the future prospects for the language are at least in part explained by what participants thought that these prospects would mean for their own position within the ingroup. That this was partial rather than full mediation probably reflects the way in which affective reactions to prospects for an ingroup’s future are determined by multiple appraisals. As other research has shown, these prospects for the ingroup’s wider intergroup position are also likely to relate to perceptions of entitlement/legitimation (Ellemers, Wilke, & Van Knippenberg, 1993; Van Zomeren, Postmes, & Spears, 2008), efficacy (Van Zomeren, Spears, Fischer, & Leach, 2004), and identity threat (Branscombe, Ellemers, Spears, & Doosje, 1999; Livingstone, Spears, Manstead, et al., 2009). Implications for the position of one’s own subgroup within the ingroup is therefore one among several factors that influence one’s reaction to future prospects for the numerical strength of a ‘distinctive’ attribute within in a minority ingroup. Crucially though – and unlike the other appraisals mentioned above – this tension between the inter-category and intra-category implications of changes in numerical strength has not to our knowledge been considered as a contributing factor to minority group members’ reactions to future prospects for the minority category.

General discussion

For members of minority groups, the cultural characteristics that define the ingroup can be both highly important and vulnerable. This is particularly so when only a minority within the ingroup have access to them. It might therefore seem reasonable to expect that the prospect of these characteristics becoming more widespread within the ingroup would be seen as a good thing by ingroup members. Accordingly, minority–majority relations are often characterized by struggles for cultural recognition and protection on the part of minority group members, including campaigns aimed at revitalizing or establishing ‘distinct’ cultural or group-defining attributes (Giles, Bourhis, et al., 1977; Giles, Taylor, et al., 1977; Giles & Johnson, 1981).

However, the prospect of increases in the numerical strength of a ‘distinctive’ attribute may also be disadvantageous for those who possess it already. Although such increases may enhance ingroup identity in relation to an outgroup, it may undermine the relatively ‘special’ position occupied by those within the ingroup who already have that attribute. The latter should be particularly true when the attribute becomes so widespread that it is a majority attribute within the group and thereby offers little opportunity for positive distinctiveness within the ingroup (cf. Spears, Ellemers & Doosje, 2009).

Inter-category vs. intra-category distinctiveness: a dilemma for minority group members?

Together, the findings of the present studies support our hypothesis that strengthening ingroup identity may be something of a double-edged sword for minority group members who already have an attribute that is ‘distinctive’ for the minority category, but is not necessarily widespread within it. This is because it involves balancing two important psychological concerns; namely, the distinctiveness and strength of the minority group identity in an inter-category context, and their own distinctiveness in an intra-category context. As the present findings indicate, increasing the numerical strength of the minority group’s defining attributes in this way is most likely to be viewed positively when there is a focus on the wider inter-category context. In contrast, a focus on intra-category relations is likely to mean that the spread of ‘distinctive’ characteristics will be viewed in a rather more ambivalent manner.

The contextual contingency evident here is consistent with self-categorization principles (Turner et al., 1987), in which comparative context shifts the self-focus from group to subgroup. It is also consistent with optimal distinctiveness theory (Brewer, 1991), insofar as minority groups satisfy both inclusion and differentiation needs. In the present case our context manipulation simply shifts which self-category of our participants forms the minority group (i.e., being Female or an emotionally intelligent Female in Study 1; being Welsh or being a Welsh speaker in Study 2). The present research nevertheless extends previous empirical research on minority groups, by showing that the presumed desire to strengthen group-defining properties such as a language can be equivocal, depending on social context. These findings also help to make a broader theoretical point that distinguishes our approach from others that emphasize how identifying with a minority subgroup can help to satisfy distinctiveness needs (e.g., Hornsey &
Jetten, 2004). Specifically, we suggest that the value of being part of distinctive subgroup within a minority is not a fixed property of the subgroup’s relative size. Rather, the ‘value’ of being a distinctive subgroup – and of changes in that distinctiveness – depends on the shifting intergroup context, both in terms of the salient frame of reference (Turner et al., 1987), and the wider power and cultural relationships within which the minority category is embedded.

The present findings also have clear relevance for a wide range of settings in which inter-group relations are characterized by struggles over the valued symbols and attributes of a minority group identity. This relevance is most direct in relation to campaigns by members of minority groups to protect and extend a vulnerable group attribute such as language or different cultural practices. These campaigns are often targeted as much at other members of the minority category as they are at a majority outgroup. The intention is to raise consciousness of ‘distinctive’ features of and practices within the minority category and ensure that they live on. These campaigns are, in turn, often an important feature of struggles to achieve social, economic and political equality (Tajfel, 1978). Our findings speak to the psychological factors that can work for or against social and political campaigns to strengthen a minority group identity in this way. A key implication here is that policy makers and campaigners need to be sensitive to the intra-category concerns of minority group members, as well as the inter-category position of the minority category as a whole. If the potential impact of identity-based campaigns on intra-group relations is ignored, then such campaigns may lose support from the very group members who already embody ingroup identity. Conversely, our approach suggests that support for identity-based campaigns is most likely when there is a clear focus on the ‘bigger picture’ of the ingroup’s relation to a majority outgroup. Here, the increased vitality of ingroup identity is likely to be understood less as an intra-group threat, and more as an inter-group opportunity for equality and recognition.

Conclusion

The present findings shed light on an important, but as yet un-researched aspect of minority–majority group relations. Although it may seem logical that members of minority groups who possess a group-defining attribute would view the prospect of strengthening ingroup identity in unequivocally positive terms, we have shown here that this is not always the case. Rather, the context in which such prospects are evaluated is crucial in determining whether strengthening ingroup identity is regarded as a valuable weapon in inter-group struggle, or as a double-edged sword that helps to divide and rule.

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